



DUBLIN GRADED LEAGUES

BOOKLET 2026



Dublin Graded Meeting, Shelbourne Stadium, Irishtown, August 1957
Photo courtesy of Jimmy O'Neill, Crusaders





DUBLIN GRADED LEAGUES 2026

BOOKLET

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Dublin Graded Series 2026 – Dates and Features

For 2026, eight dates have been selected all of which are confirmed at this stage as follows:

			1 st Event approx. time	Entries Close
Meeting 1	Saturday 2 nd May	Morton Stadium	12.00	Apr 28 th – 23.59
Meeting 2	Sunday 10 th May	Morton Stadium	12.00	May 6 th – 23.59
Meeting 3	Wednesday 20 th May	Irishtown Stadium	18.30	May 16 th – 23.59
Meeting 4	Wednesday 3 rd June	Morton Stadium	18.30	May 30 th – 23.59
Meeting 5	Saturday 13 th June	DSD Campus	14.00	Jun 9 th – 23.59
Meeting 6	Wednesday 24 th June	Morton Stadium	19.00	Jun 20 th – 23.59
Meeting 7	Wednesday 15 th July	Lucan Harriers Track	19.00	Jul 11 th – 23.59
Meeting 8	Wednesday 29 th July	Morton Stadium	19.00	Jul 25 th – 23.59

Similar to previous years, eight graded leagues are scheduled for 2026. The programme has been planned, where possible, to allow three opportunities for each track and field event.

It is intended to provide additional opportunity for sprinters. For the first two meetings all sprinters will have two races over 100m and 200m respectively. At other meetings, where either 100m or 200m are being staged, there will be finals based on the eight fastest times in the opening heats. Where feasible, races over 100m and 200m will be run with the prevailing wind.

Four athletic tracks will be engaged to deliver the series namely Morton Stadium, DSD Campus, Irishtown Stadium and Lucan Harriers Track.

Bearing in mind the heavy traffic in Dublin on Wednesday evenings there will be three meetings on Saturdays and Sundays.

- It is intended to “Live Stream” the track events at all eight meetings.
- AAI permits have been requested for all meetings.
- WA permits, Category F, have been requested for all eight meetings.
- Full electronic timing will be in place at all meetings.
- Sprinters will have two races in meetings 1 and 2.
- Sprinters (100m and 200m) will have heats and finals at meetings 4, 5, and 8.
- Where possible sprinters will run with the wind.
- There will be a Team Race in the 10000m Men based on 3 to score.
- Dublin championships will be held for all events. Meetings 1, 2, 3 and 4 refer.
- The ever popular grand prix will be held for both track and field events.
- Additionally, there will be awards to the best three performances of the series, whether Track or Field, man or woman, based on the World Athletics Scoring Tables.
- The year end prize giving evening will again be held in September 2026.
- All entries for the Graded Series should be made through the Entry for Sport platform.

	MEET 1	MEET 2	MEET 3	MEET 4	MEET 5	MEET 6	MEET 7	MEET 8
	MORTON	MORTON	IRISHTOWN	MORTON	DSD CAMPUS	MORTON	LUCAN	MORTON
	Saturday	SUNDAY	WEDNESDAY	WEDNESDAY	SATURDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
	02 May 2026	10 May 2026	20 May 2026	03 June 2026	13 June 2026	24 June 2026	15 July 2026	29 July 2026
100m	X-DC			X				X
200m		X-DC			X			
400m			X-DC			X		
800m	X-DC			X	X		X	
1500m		X-DC	X			X		X
3000m	X-DC				X		X	
5000m				X-DC				
10000m			X-DC + T					
2000m S/C		X						
Shot	X-DC		X				X	
Discus		X-DC			X			X
Javelin			X-DC		X		X	
Hammer	X-DC			X		X		
Long Jump			X-DC		X			X
Tripple Jump		X-DC		X		X		
High Jump	X-DC			X				X
Pole Vault		X-DC			X			X

DC = Dublin Senior Championship. T = Team Race



Meeting 1 – Saturday May 2nd 2026 – Morton Stadium, Santry
Order of Events, commencing approx. 12.00

Hammer	Women/ Men	
High Jump	Women	
3000m	Women A Paced at 9.20	
	Women B + C + D	
3000m	Men A Paced at 8.15	
	Men B	
	Men C	
	Men D	
High Jump	Men	
Shot	Women	
100m - 1st Race	Women A-1	
	Women B-1	
	Women C-1	
	Women D-1	
	Women D-2	
100m - 1st Race	Men A-1	
	Men A-2	
	Men A-3	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
	Men D-3	
Shot	Men	

Final timetable will be published on social media
24 hours before the meeting is scheduled to commence



Meeting 1 – Saturday May 2nd 2026 – Morton Stadium, Santry
continued

100m - 2nd Race	Women A-1	
	Women B-1	
	Women C-1	
	Women D-1	
	Women D-2	
100m - 2nd Race	Men A-1	
	Men A-2	
	Men A-3	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
	Men D-3	
800m	Women A-1-Paced at 2.08	
	Woman A-2-Paced at 2.12	
	Women B	
	Women C	
	Women D-1	
	Women D-2	
800m	Men A-1-Paced at 1.48	
	Men A-2-Paced at 1-52	
	Men B-1	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
	Men D-3	

**Final timetable will be published on social media
24 hours before the meeting is scheduled to commence**



**Meeting 2 – Sunday May 10th 2026 – Morton Stadium, Santry
Order of Events, commencing approx. 12.00**

Discus	W + M	
Pole Vault	W + M	
2000m Steeplechase	Women A + B + C + D	
2000m Steeplechase	Men A + B + C + D	
200m - 1st Race	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
200m - 1st Race	Men A-1	
	Men A-2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

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24 hours before the meeting is scheduled to commence**



Meeting 2 – Sunday May 10th 2026 – Morton Stadium, Santry
continued

200m - 2nd Race	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
200m - 2nd Race	Men A-1	
	Men A-2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
Triple Jump	W + M	
1500m	Women A	
	Women B	
	Women C	
	Women D	
1500m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

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24 hours before the meeting is scheduled to commence**



Meeting 3 – Wednesday May 20th 2026 – Irishtown Stadium
Order of Events, commencing approx. 18.30

Javelin	W + M	
10000m	Men-All	
Long Jump	W + M	
400m	Women A	
	Women B	
	Women C	
	Women D	
400m	Men A	
	Men B	
Shot put	W + M	
400m	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
1500m	Women A	
	Women B	
	Women C	
	Women D	
1500m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

Final timetable will be published on social media
24 hours before the meeting is scheduled to commence



**Meeting 4 – Wednesday June 3rd 2026 – Morton Stadium, Santry
Order of Events, commencing approx. 18.30**

5000m	Women-A + B + C + D	
5000m	Men-A +B	
Hammer	W + M	
High Jump	W + M	
5000m	Men-C + D	
100m	Women A	
	Women B	
	Women C	
	Women D	
100m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
100m	Women - Final	
100m	Men - Final	
Triple Jump	W + M	
800m	Women A	
	Women B	
	Women C	
	Women D	
800m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

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24 hours before the meeting is scheduled to commence**



Meeting 5 – Saturday June 13th 2026 – DSD Campus
Order of Events, commencing approx. 14.00

Discus	W + M	
Pole Vault	W + M	
3000m	Women A + B	
	Women C + D	
3000m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
Long Jump	W + M	
Javelin	W + M	
200m	Women A	
	Women B	
	Women C	
	Women D	
200m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
800m	Women A	
	Women B	
	Women C	
	Women D	
200m	Women- Final	
	Men- Final	
800m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

Final timetable will be published on social media 24 hours before the meeting is scheduled to commence



**Meeting 6 – Wednesday June 24th 2026 – Morton Stadium, Santry
Order of Events, commencing approx. 19.00**

Hammer	W + M	
400m	Women A	
	Women B	
	Women C	
	Women D	
400m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
Triple Jump	W + M	
1500m	Women A	
	Women B	
	Women C	
	Women D	
1500m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media
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**Meeting 7 – Wednesday July 15th 2026 – Lucan Harriers Track
Order of Events, commencing approx. 19.00**

Shot	W + M	
3000m	Women A + B	
	Women C + D	
3000m	Men A	
	Men B	
Javelin	W + M	
3000m	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
800m	Women- A	
	Women- B	
	Women -C	
	Women -D	
800m	Men -A	
	Men -B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media
24 hours before the meeting is scheduled to commence**



**Meeting 8 – Wednesday July 29th 2026 – Morton Stadium, Santry
Order of Events, commencing approx. 19.00**

Discus	W + M	
Pole Vault	W + M	
Long Jump	W + M	
100m	Women A	
	Women B	
	Women C	
	Women D	
100m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
100m	Women - Final	
100m	Men - Final	
High Jump	W + M	
1500m	Women A	
	Women B	
	Women C	
	Women D	
1500m	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

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DUBLIN ATHLETICS GRADED TRACK AND FIELD SERIES 2026 - GRADES

WOMEN	GRADE	Athletes who have run SUB
100m	A	12.50
	B	13.00
	C	13.50
	D	All Others
200m	A	25.50
	B	26.00
	C	27.00
	D	All Others
400m	A	60.00
	B	65.00
	C	68.00
	D	All Others
800m	A	2.16.00
	B	2.22.00
	C	2.30.00
	D	All Others
1500m	A	4.30.00
	B	4.50.00
	C	5.10.00
	D	All Others
Mile	A	5.00.00
	B	5.30.00
	C	6.00.00
	D	All Others
3000m	A	10.15.00
	B	11.15.00
	C	12.00.00
	D	All Others
5000m	A	17.30.00
	B	18.30.00
	C	19.30.00
	D	All Others
2000m s/c	A	7.15.00
	B	7.35.00
	C	8.00.00
	D	All Others

MEN	GRADE	Athletes who have run SUB
100m	A	11.20
	B	11.50
	C	12.00
	D	All Others
200m	A	23.00
	B	24.00
	C	25.00
	D	All Others
400m	A	49.00
	B	52.00
	C	55.00
	D	All Others
800m	A	1.55.00
	B	2.00.00
	C	2.05.00
	D	All Others
1500m	A	4.00.00
	B	4.10.00
	C	4.20.00
	D	All Others
Mile	A	4.20.00
	B	4.40.00
	C	5.00.00
	D	All Others
3000m	A	9.30.00
	B	10.15.00
	C	11.00.00
	D	All Others
5000m	A	15.15.00
	B	16.15.00
	C	17.00.00
	D	All Others
2000m s/c	A	6.30.00
	B	7.00.00
	C	7.30.00
	D	All Others



Grand Prix Details

Similar to last year, there will be a Grand Prix hosted within the graded league series 2026 with unique medallions being presented to award winners.

Track Events

A unique medallion will be presented to the first three in each grade A to D for both women and men in all track events. In the event of equal points achieved, awards will be presented to each athlete involved in the tie.

For track events, 100 points will be awarded to the winner of each race in each grade. Where there are a number of races within a grade the 100 points will go to the fastest time overall.

Where eligible, an athlete may win an award for more than one grade.

Field Events

For field events it was not deemed appropriate to divide the events into grades on this occasion. For 2026, 100 points will be awarded to the winner of each event at each graded league meeting. The field event Grand Prix will be broken into two sections, throws and jumps. A unique medallion will be presented to athletes, first, second and third, with the highest number of points cumulative in both throws and jumps over the eight meeting series.

An athlete may win an award from more than one section.

Overall Awards

Additionally, there will be awards to the best three performances of the series, whether Track or Field, man or woman, based on the World Athletics Scoring Tables.



Dublin Track Locations

DSD CAMPUS

St Thomas Track,
Tibradden Road,
Rathfarnham,
Dublin 16
D16 T6N2

LUCAN HARRIERS TRACK

Newcastle Road,
Lucan,
Co Dublin
K78 V5W6

MORTON STADIUM

Swords Road,
Santry,
Co Dublin
D09 RV10

IRISHTOWN STADIUM

Seapoint Terrace,
Strand Street,
Dublin 4
D04 KN77



Dublin Athletics Officials

Dublin Athletics AAI is the governing body for athletics in Dublin. It represents some 50 athletic clubs with a combined membership in excess of 13,000 athletes.

The origins of Dublin Athletics date back over a hundred years and since its inception the ethos of voluntary contribution in the service of young athletes has remained. Dublin Athletics organises a full range of competition, track and field, cross country and indoors for under age athletes from 8 to 19, and senior athletes from 19 to 90.

The officers, who deliver these competitions are all voluntary and drawn from constituent clubs. They are elected at Annual General Meetings and the current officers elected on February 4th 2025 are as follows:

Chairman	PJ Claffey	Rathfarnham AC
Vice Chairman	Charlie O'Neill	Donore Harriers
Hon Secretary	Vacant	
Assistant Hon Secretary	Vacant	
Hon Treasurer	Mary Friel	Metro St Brigid's
Hon Registrar	Sinead Galvin	Clongriffin Athletic Club
Child Liaison Officer	Gerty Gilbert	Mid Sutton Athletic Club
Underage Competition	Cecil Johnston	Tallaght Athletic Club
Hon Secretary Road And Cross-Country	Dick Hooper	Raheny Shamrock
Hon Secretary Graded Leagues	Vacant	
Social Media	Nicole Hodson	Lusk Athletic Club
Public Relations Officer	Vacant	
Equipment Officer	Brian Tremble	Metro St Brigid's
Development Officer	Jermy Lyons	Clongriffin Athletic Club
Committee	Shirley Murray	Tallaght Athletic Club
Committee	Aine Kelly	Tallaght Athletic Club
Committee	Antoinette Holland	Lucan Athletic Club
Committee	Eoin Fitzgerald	Lucan Athletic Club
Website:	www.dublinathletics.com	
Email	dublinathleticsgradedleagues23@gmail.com	
Facebook	Dublin Athletics	
Instagram	Dublin_athletics_insta	
Twitter	@DublinAthletics	



Guidelines and Rules of Participation

1. Dublin Athletics will not tolerate gender or racial abuse towards any athlete or official, offenders will be identified and may face legal consequences.
2. Dublin Athletics will not tolerate abuse, verbal, written or otherwise, directed towards its officers and those prepared to deliver events. Offenders will be identified and may face legal consequences.
3. All Dublin clubs are obliged to supply at least two competent officials for each meeting.
4. Athletes must be 16 years of age or older in the year of competition to compete in any event in the Graded Meetings.
5. Athletes under 18 years of age must have written consent from a parent/guardian.
6. Athletes must be registered with AAI or NI Athletics or have a letter of clearance from their overseas federation where applicable.
7. AAI or NIA club singlets must be worn. If no singlet is available – a PLAIN white t-shirt/singlet is permitted, on a once off basis.
8. Athletes must enter online by the advertised closing time. Entries will open approx. 10 days before each meeting and will close approx. 5 days before each meeting. Strictly no entries on the day of competition.
9. To facilitate heat and lane draws athletes must confirm their intention to compete at least six hours before the scheduled start of each meeting.
10. Athletes must check in and collect their bib at least 45 minutes before event start time.
11. Athletes may compete in more than one event at each meeting. The entry fee for the first event will be €12 and €6 for a second event. There is no additional charge for a third event.
12. Entry numbers are valid only for the meeting entered
13. In field events, athletes in the throws and lateral jumps will be permitted 6 attempts.



14. The competition will be conducted under senior World Athletics rules, with the exception of throwing events where Masters and U20 athletes may throw implements at an appropriate weight for their age category.
15. Implements must be presented to the appropriate official for weighing 45 minutes in advance of the competition.
16. In the interests of safety, athletes must demonstrate proficiency in their event and may be removed from such event if in the opinion of the referee they do not demonstrate the necessary proficiency.
17. Events will usually be run in grade order: Women before Men, starting with grade 'A' women and grade 'A' men as appropriate.
18. In Dublin championships (DC) only athletes registered with Dublin Clubs are eligible to compete for Dublin medals.
19. Where heats prove necessary in Dublin Championships (DC) the fastest woman or man respectively over all the heats will be awarded the winner's medal.
20. The organisers may bring forward the start time of any event by up to 30 minutes.
21. Any appeal shall be made orally or in writing by a competing athlete to the competition referee within 15 minutes of the finish of their event.
22. Dublin Athletics reserves the right to amend any of the above should the need arise.
23. Queries to admin@dublinathletics.com